

# Composer Spotlight: Alyssa Mena and Katrina Emtage

Sunday March 29th, 12:30pm Eastern

Interviewed by Mariana Gariazzo

Hasta la Raíz (2020)

Alyssa Mena (1997)

1. El baile del progreso – The dance of progress
2. El amor que siempre se queda contigo – The love that is always with you
3. La ansiedad de convertirse en uno mismo – The anxiety of becoming someone - becoming one's self, emerging identity
4. La fragilidad de las decisiones – The fragility of decisions/decision making
5. La aventura del crecimiento – The adventure of growing up
6. Vivir en cada momento – To live in every moment

Wendy Stern, alto

Hermanas (2025)

Alyssa Mena

Alyssa Mena, alto  
Emilio Rutllant, bass

Nightfire (2011)

Katrina Emtage (1966)

Katrina Emtage, bass  
Ilse de Ziah, cello

The Spider's Boots (Las Botas de l'Araña)(2025)

Katrina Emtage

*written for Yolanda Alba Rodrigues*

Katrina Emtage, contra bass

Three Irish Jigs (2024)

Katrina Emtage

1. Carry me up to Carrigaline
2. The Blue Angel or the King's Fancy
3. Seanduine Dóite

CAFE Flute Ensemble